

SCHIZOPHRENIA

Schizophrenia is a disorder that makes it difficult for a person to distinguish what is real and what is not and prevents them from thinking and behaving normally and controlling their emotions.

It usually develops slowly and with certain behavioral changes.



Treatment of Schizophrenia

If you have any concerns about this disorder, you can contact outpatient psychiatry clinics at hospitals for an assessment.

Community Mental Health Centers have been made available to provide community-based services for individuals with severe mental disorders (schizophrenia and similar psychotic disorders and chronic mental disorders such as mood disorders).

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RIGHT PLACE, QUALITY SERVICES

Contact the nearest **Migrant Health Centre** for more information and support



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Symptoms of Schizophrenia

- Withdrawal from social life and friends
- Constant feelings of doubt
- Poor personal hygiene
- Blank stares and inability to express emotions such as joy or sadness
- Overreactions (*e.g., excessive laughing or crying over an insignificant event*)
- Depression and sleeping too much or too little
- Strange and illogical trains and statements of thought
- Forgetfulness, lack of concentration
- Oversensitivity to criticism
- Changes in speech patterns or peculiar word choices



Early symptoms of schizophrenia may also be consistent with other medical conditions. Displaying the systems mentioned above does not automatically mean the person is suffering from schizophrenia.

However, these symptoms should always be taken seriously and discussed with a specialist.

