

“ Drugs do not only impair but also cause physical and psychological health, but also cause serious damage to social well-being. ”

“ Drugs disrupt the social fiber and have serious legal, economic, and social consequences.” ”

“ Drugs affect not only individuals who abuse drugs, but also the society at large. ”

The best way to prevent addiction is not starting to take any addictive substances, at all.

EFFECTS OF DRUG ABUSE

HEALTH PROBLEMS

Drugs weaken the immune system and cause health problems.

MEMORY PROBLEMS

“ Drugs impair memory and attention and disrupt healthy decision-making. ”

SOCIAL LIFE

Drugs cause social alienation.

PHYSICAL APPEARANCE

Drugs damage the skin and teeth and lead to unhealthy and poor body posture.

LOSS OF CONTROL

Drugs weaken the reflexes and make physical control difficult. ”

SCHOOL AND PROFESSIONAL LIFE

Drugs alienate individuals from their social life. Drugs cause poor academic performance. Drugs cost people their jobs.

EFFECTS OF DRUG ABUSE ON HEALTH



Increased risk of heart attack and sudden death.

Irreversible brain damage, paralysis, and seizures.

Restlessness, irritability, aggression, and fear.

Extreme weight loss.

Hallucinations and increased risk of suicide.

Liver and kidney failure.

Psychiatric disorders such as anxiety disorders, depression, and schizophrenia.

Shortness of breath and lung diseases.



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You can contact
**MIGRANT
HEALTH
CENTERS** and
**HEALTHY LIFE
CENTERS** to
get help with
substance
abuse.

Stay away from
addictive substances
for your own sake
above all else.

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RIGHT PLACE, QUALITY SERVICES

Contact the nearest **Migrant Health Centre** for more information and support



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هذا المشروع تم تمويله من قبل الاتحاد الأوروبي

**SAY "NO"
TO DRUGS**

